

# QPR

Question | Persuade | Refer

## Suicide Prevention Gatekeeper Training Program



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Three simple steps that anyone can quickly learn to help save a life from suicide.

Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognise the warning signs of a suicide crisis and how to question, persuade and refer someone to help.

The QPR Suicide Prevention Gatekeeper Training is accessed through the Hope for Life website and takes approximately one hour to complete on-line.

### For More Information

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W [www.suicideprevention.salvos.org.au](http://www.suicideprevention.salvos.org.au)  
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