

# Living Hope

## Suicide Bereavement Training Program



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Living Hope is a more comprehensive training program that can be accessed on-line (self-paced) or may be offered in a group workshop setting.

Training covers all aspects of suicide bereavement in order to equip caregivers to support individuals and families through the devastating experience of losing a loved one by suicide.

"The person who completes suicide, dies once. Those left behind die a thousand deaths, trying to relive those terrible moments and understand ... Why?" (Clark 2001)



### For More Information

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W [www.suicideprevention.salvos.org.au](http://www.suicideprevention.salvos.org.au)  
E [admin.hopeforlife@aue.salvationarmy.org](mailto:admin.hopeforlife@aue.salvationarmy.org)  
P 02 9356 2120